

UPLIFT DESK®

Do you have employer-based health insurance? You may be able to get reimbursed after purchasing a height-adjustable desk to use at work.

If you receive health insurance through your employer, you likely have a flexible savings account or health savings account option. (HSAs are an option for employees who choose high-deductible health plans of at least \$1,350 for an individual, and \$2,700 for a family.)

With an FSA, money from your paycheck is able to be set aside pre-tax to pay for eligible healthcare expenses. Ergonomic office products that relieve physical pain, strain, and stress are often considered an eligible expense for most organizations.

Choosing the right UPLIFT Desk products for you is fun and easy. You be working at a brand new sit-stand desk that's completely paid for through your health insurance contributions. All you have to do is take a few simple steps:

1. Shop our site: Visit upliftdesk.com and browse around. Once you decide which sit-stand product is best for you, you can make a purchase online or over the phone by calling (800) 349-3839. Our customer service team is available to help you from 8 a.m. to 7 p.m. Central time.

2. Get reimbursed: Below are the things you'll need in order to claim your FSA or HSA dollars for your new UPLIFT Desk, chair, or accessory:

- Your product receipt from us (an email confirmation will be sent to the email address used to purchase)
- A completed claim form (Claim forms should be available through your health plan administrator or the FSA provider's website)
- An explanation of benefits from your health insurance company, which will show that your purchase was not covered (Note: This isn't usually required).

Some employers might also require a letter of medical necessity. If so, make a virtual or in-person appointment with your doctor or chiropractor to explain your symptoms.

3. Enjoy your new UPLIFT Desk!: It's time to get standing and working with all of the benefits of a height adjustable workspace.

And in case you were wondering; all UPLIFT Desk products come with a 30-day, risk-free guarantee.