Riser Standing Desk Converter
UDA100-RISER

Package Contents

- Main unit
- Keyboard Tray
- M6x10 bolts (qty 2)
- Allen wrench (large)
- Allen wrench (small)
- Bolt covers (qty 6)

Step 1
Compare the parts you have with the list above. Place the Main unit upside down on a table.
Attach the Keyboard tray using two M6x10 bolts, and tighten using the smaller Allen wrench, as shown to the left.
Use the self-adhesive Bolt covers to cover the bolts.

Step 2
With two people, lift and flip the Main assembly and place it on the table.
Adjust the height of the unit by squeezing the release paddle and moving to the desired position. Release the paddle to lock in place.

Step 3 (Optional)
This step is optional. We have pre-adjusted the tension for you. However, you may need to make adjustments once equipment, such as monitors and keyboards, are placed on the unit.
To adjust the lift to the exact amount of weight you place on it; squeeze the paddle then lower the unit until the main support column is at a 45° angle. Using the larger Allen wrench and the tension adjustment bolt on the rear of the unit, adjust the tension for smooth operation. Turn clockwise to lessen the tension or counterclockwise to increase it.
**Step 4** (Optional)
If you prefer to use your UPLIFT Desk Riser Standing Converter without a wrist rest, remove the bolts beneath it using the smaller Allen wrench.

---

**CAUTIONS & WARNINGS**

⚠️ **CAUTION:** Read all instructions before assembly. Failure to assemble or operate properly may result in damage or personal injury. Retain manual for future reference.

⚠️ **CAUTION:** Keep hands clear during operation! Do not reach into the mechanism near the gas spring, or near the supporting bars.

⚠️ **CAUTION:** The maximum load capacity of the UPLIFT Desk Riser Standing Converter is 28.6 lb. Do not overload.

⚠️ **CAUTION:** Keep devices centered and away from the edge of the main worksurface, to prevent them from falling.

⚠️ **CAUTION:** Do not position the keyboard tray to hang over the edge of your desktop when in the lowest position. The keyboard tray is designed to rest ON the desktop to prevent tipping.

⚠️ **CAUTION:** Make sure that the wires for your devices have enough slack. This will prevent your devices from being pulled off the unit workstation when raising the unit.

⚠️ **CAUTION:** When relocating the unit, remove all devices to avoid harm or damage, and adjust the unit to its lowest position.

⚠️ **CAUTION:** When moving, move it carefully with two people, to avoid injury and damage to the product and surroundings.

---

*Copyright Notice: These instructions are a component of this product. These instructions are part of the scope of delivery, even if the item is resold. These instructions are also available on the UPLIFT Desk website: upliftdesk.com. Excerpts or copies may not be forwarded to third parties or used in any other published form without the prior written consent of UPLIFT Desk. These instructions are subject to United States copyright law.*