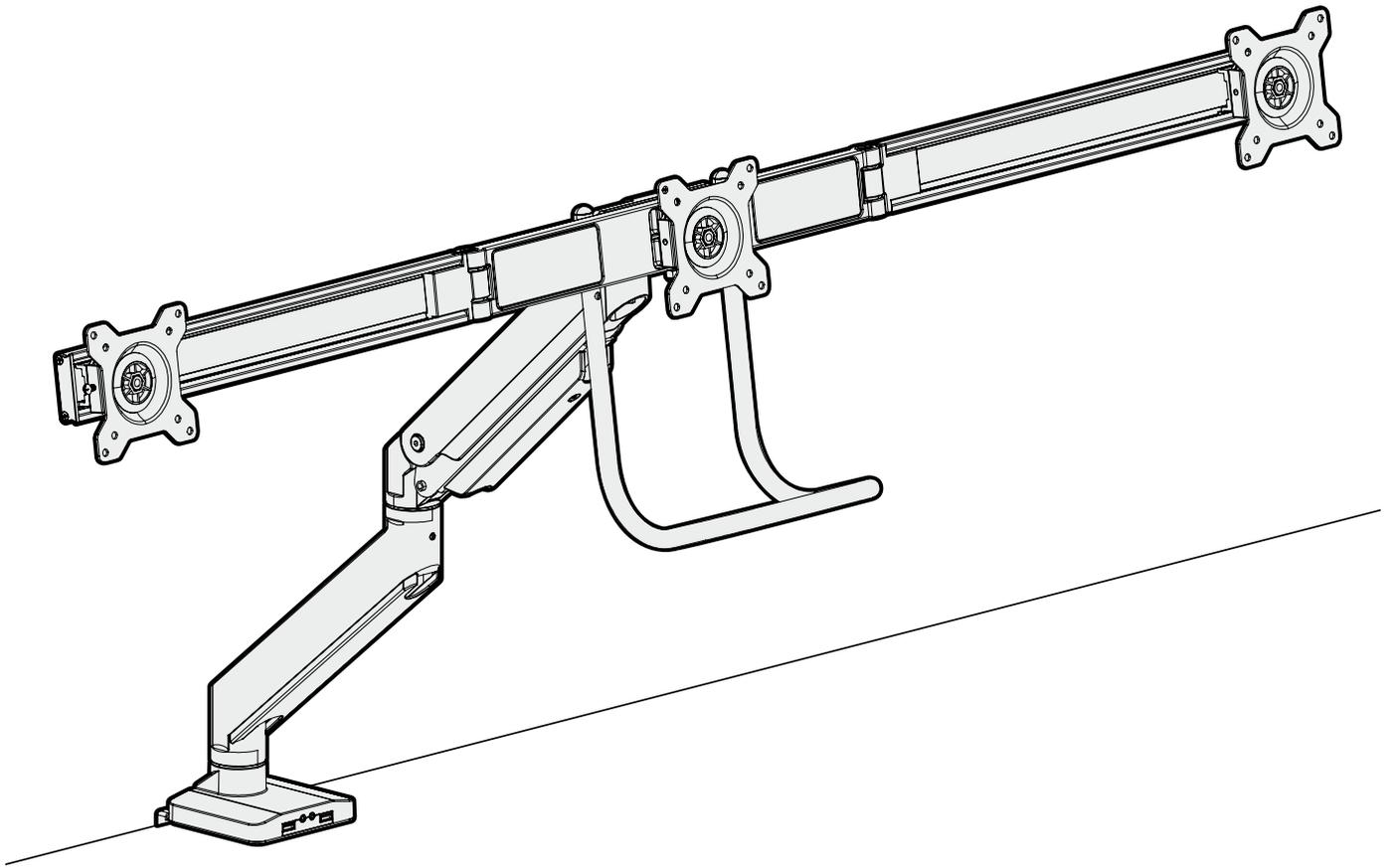


# Crestview Align Triple Monitor Arm

MON034

UPLIFT DESK



For assembly assistance,  
visit [upliftdesk.com/contact](https://upliftdesk.com/contact),  
call 800-349-3839,  
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## Safety and Warnings



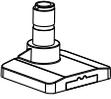
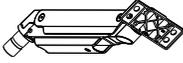
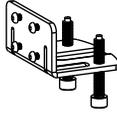
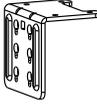
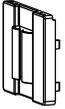
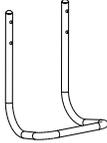
**CAUTION:** Read all instructions before assembly. Failure to assemble or operate properly may result in damage or personal injury. Retain manual for future reference.



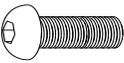
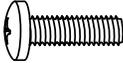
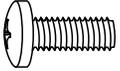
**Warning:** This product contains a spring mechanism that can cause injury. Be careful when removing monitors as the arm can spring up when the weight of the monitor is removed.

Under no circumstances does the manufacturer accept warranty or liability claims for damages caused from improper use of this product. Please provide these instructions to any new user or owner of the product.

## Package Contents

Base 	Lower Arm 	Upper Arm 	Lower Clamp 	Upper Clamp 	VESA Plate qty 3 	Wire Cover 
Upper Base Plate 	Lower Base Plate 	Adhesive Pad 	Handle 	Bar 	Bar Ends 	

## Hardware Components

Allen Wrenches Set of three: 3mm, 4mm, 6mm 	M6 x 12 Flathead Screw qty 10 	M6 x 12 Panhead Screw qty 4 	M6 x 22 Screw qty 2 	M4 x 12 Screw (M-A) qty 12 	M5 x 12 Screw (M-B) qty 12 	M5 Washer (M-C) qty 12 
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**WARNING:** This product contains a spring mechanism that can cause injury. Be careful when removing monitors as the arm can spring up when the weight of the monitor is removed.

**Note:** There are two ways to attach to your desktop: Clamp and Bolt-through mount. Determine if you need to attach it around the back side of your desk or through a hole from 0.4" to 3.15" in diameter.

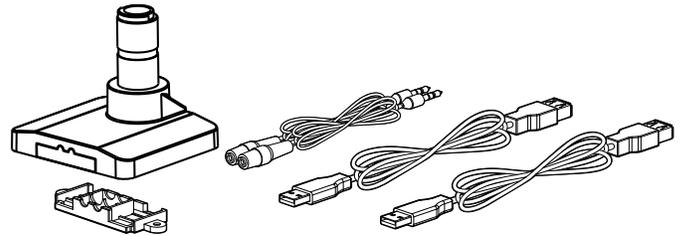
**Acceptable monitor weight range:** 2.2 to 13.2 lb (per monitor)

**Recommended monitor size:** up to 27"

**Desktop thickness compatibility:** Clamp Method: 0.4"-3.3" thick | Bolt-through Method: 0.4"-1.8" thick

## Step 1

If you purchased the Crestview Monitor Arm Wiring Kit, assemble that FIRST, before proceeding. Refer to the separate instructions contained in the Crestview Monitor Arm Wiring Kit (ACC076) package for complete details.

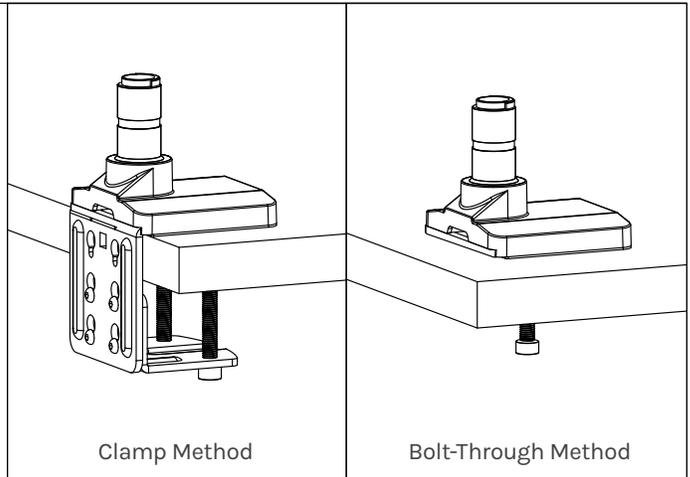


## Step 2

Determine your mounting method. There are two ways to attach the Crestview Align Triple Monitor Arm to your desktop:

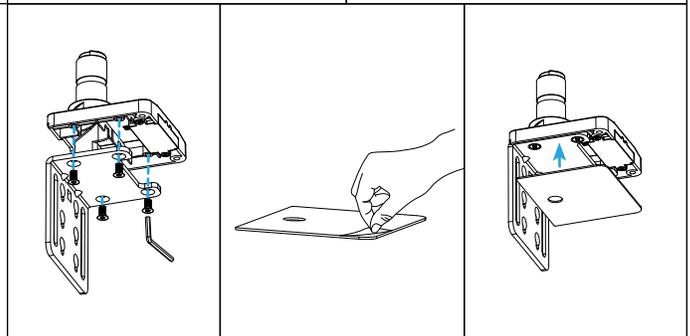
**Clamp Method:** If you would like to attach the monitor arm along the back edge of your desktop, follow the Clamp Method instructions (Steps 3 - 5) and ensure your desk is between 0.4" and 3.3" thick.

**Bolt-Through Method:** If you prefer to attach the monitor arm through your desktop, skip Steps 3 - 5 and follow the Bolt-Through Method instructions (Steps 6 - 9) and ensure your desk is between 0.4" and 1.8" thick.



## Step 3 (Clamp Method)

- A. Align the Upper Clamp with the Base in the orientation shown. Attach using four M6 x 12 Flathead Screws and the 4mm Allen Wrench.
- B. Then peel the adhesive backing off of the Adhesive Pad and attach it to the bottom of the Base and Upper Clamp as shown. Align the pad with the front edge of the Base first, then work to the back.



## Step 4 (Clamp Method)

- A. Use the 4mm Allen Wrench to adjust the four pre-installed screws on the back of the Lower Clamp so that there are about 0.25" of thread between the plate and screw heads.
- B. Insert the four screws of the Lower Clamp through four of the key slot holes in the back of the Upper Clamp as shown. There are two sets of key slot holes to choose from for different desktop thicknesses.
- For Desks 0.4" to 2.25" use the top four key slot holes (fig. 1)
  - For Desks 2" to 3.3" use the bottom four key slot holes (fig. 2)
- C. Slide the Lower Clamp assembly down so that the screws are at the bottom of the key slot holes then tighten screws with 4mm Allen Wrench.

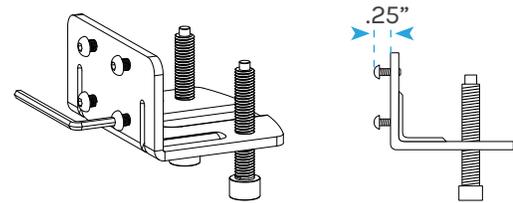
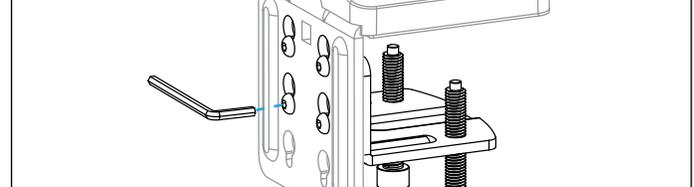
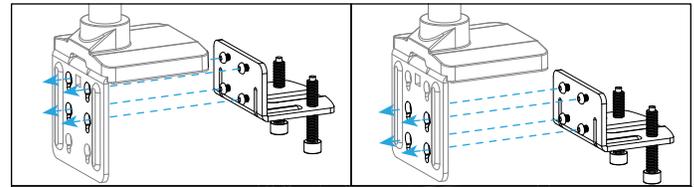


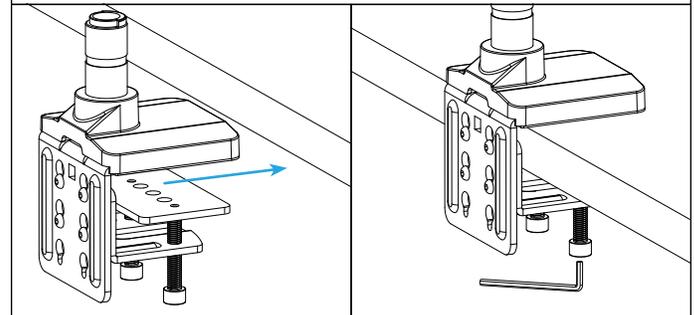
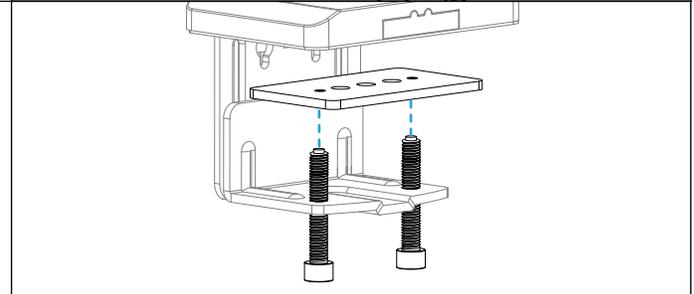
fig. 1

fig. 2



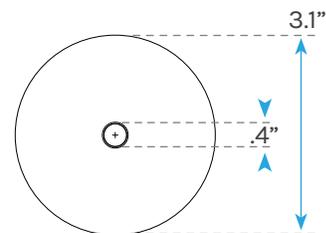
## Step 5 (Clamp Method)

- A. Using the 6mm Allen Wrench, adjust both bolts on the bottom of the Lower Clamp so that the opening is wide enough to accommodate the thickness of the desktop and Lower Base Plate.
- B. Place the outer holes of the Lower Base Plate onto the tips of the bolts as shown.
- C. Slide the assembly onto the back of the desktop, then tighten the bolts using the 6mm Allen Wrench. Alternate from one bolt to the other, to allow the Lower Base Plate to rise evenly before finally tightening to the desktop.
- D. If you chose the Clamp Method for mounting, please skip the Bolt-Through Method Steps 6 - 9 and proceed with Step 10.



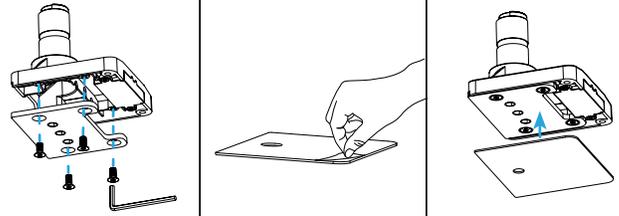
## Step 6 (Bolt-Through Method)

Ensure the desktop has a hole between 0.4" and 3.1" in diameter to use this option. Using a grommet hole that is already in your desktop is acceptable, or you can drill a 0.5" hole anywhere on your desktop.



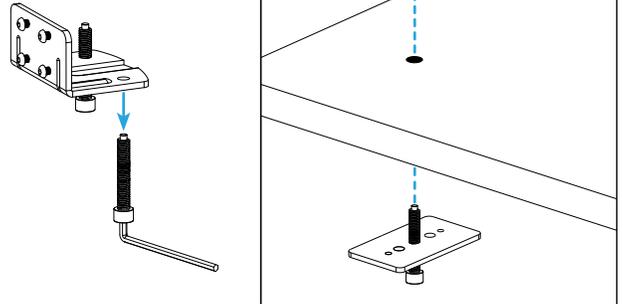
## Step 7 (Bolt-Through Method)

- Align the Upper Base Plate with the Base in the orientation shown and attach it using the four M6 x 12 Flathead Screws and the 4mm Allen Wrench.
- Then peel the adhesive backing off of the Adhesive Pad and attach it to the bottom of the Base and Upper Base Plate as shown. Align the pad with the front edge of the Base first, then work to the back.



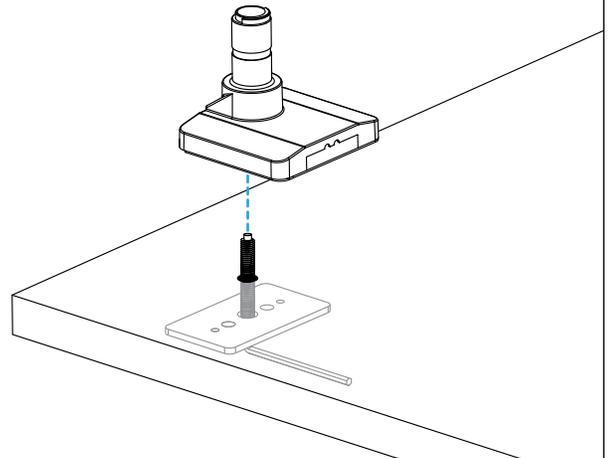
## Step 8 (Bolt-Through Method)

- Remove one of the bolts from the bottom of the Lower Clamp using the 6mm Allen Wrench. Slip it through the Lower Base Plate's center hole as shown.
- If assembling on an adjustable height desk, raise the desk so the desktop hole is easier to see. Then insert the bolt through the desktop hole from below, and hold them in place.



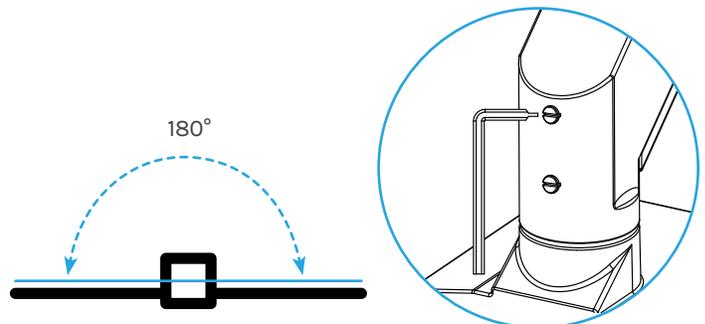
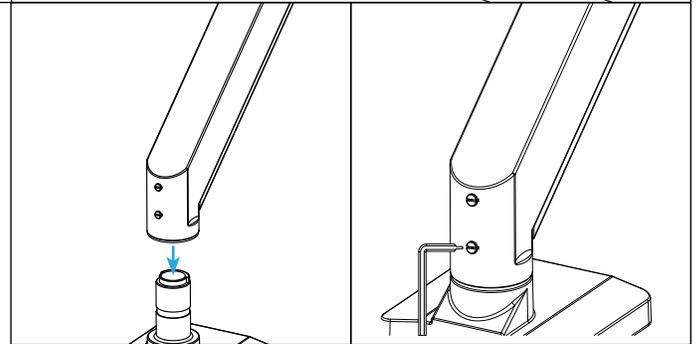
## Step 9 (Bolt-Through Method)

- While holding the Lower Base Plate and bolt in place from below, line up the hole of the Base assembly (from Step 7) with the top of the bolt.
- Make sure the front of the Base assembly is facing towards the front of your desk.
- Hold the Base assembly in place on top as you hand tighten the bolt from below to get the threads started. Once the bolt is started, you can let go of the Lower Base Plate. Use the 6mm Allen Wrench to finish tightening the assembly to the desktop.
- Proceed with the Arm Assembly, Step 10.



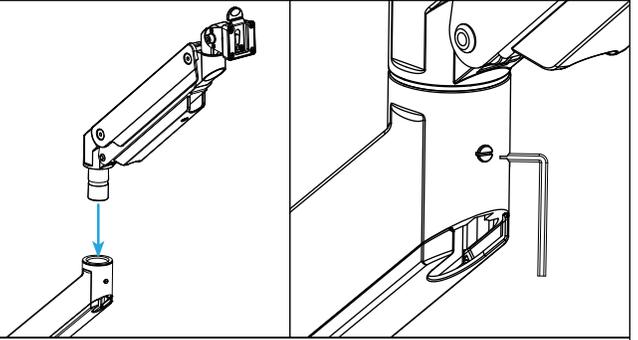
## Step 10

- Slide the Lower Arm onto the post of the Base until it is fully seated and tighten the lower set screw with the flat-head end of the 3mm Allen Wrench (or a small flat head screwdriver). This will secure the Lower Arm to the Base and keep it from becoming separated during adjustment.
- The Lower Arm can swivel a full 360° or can be set to allow only a range of 180°.
  - To allow 360° of rotation, leave the upper set screw alone, and the Lower Arm will rotate a full 360° around past the back of the desk.
  - To limit the Lower Arm to only 180° of rotation, tighten the upper set screw. This setting is helpful when your desk is located against a wall or you are installing a privacy panel to the back of the desk. Do not over-tighten this set screw, doing so may hinder arm movement.



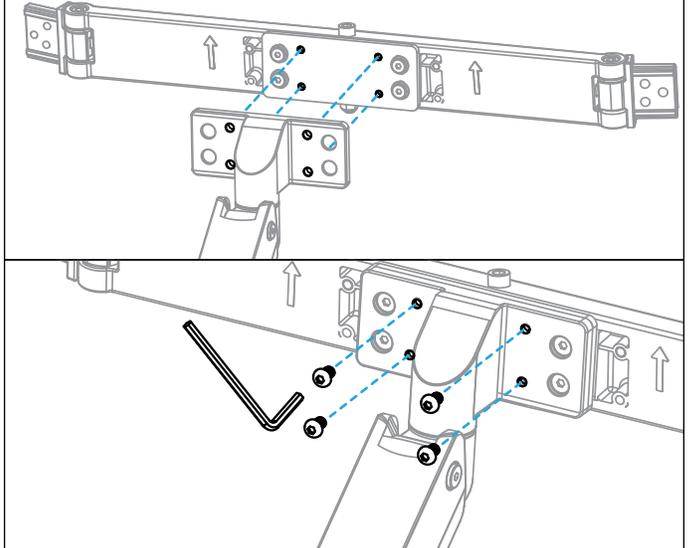
## Step 11

- A. Slide the Upper Arm into the hole on the Lower Arm until it is fully seated.
- B. Tighten the set screw on the Lower Arm with the flat-head end of the provided 3mm Allen Wrench (or a small flat head screwdriver). This will prevent the Upper Arm from becoming separated from the Lower Arm during adjustment.



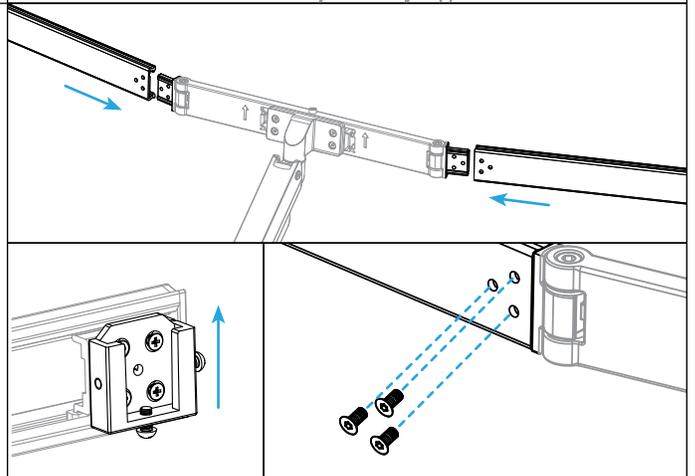
## Step 12

- A. Prepare the Bar for attaching to the Upper Arm. There are arrows on the back of the Bar, make sure they are pointing up. Also, the four center holes on the Bar and on the mount should line up, and the pre-installed bolts on the Bar should be visible through the large holes on the mount.
- B. Hold the Bar in place, and begin attaching the Bar to the Upper Arm using the four M6 x 12 Panhead Screws in the holes shown. Thread each Screw by hand until all four Screws are added, then tighten using the 4mm Allen Wrench.



## Step 13

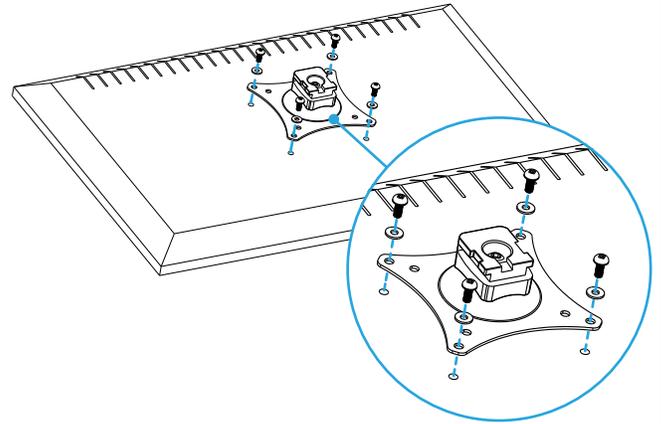
- A. Prepare each Bar End for attaching to the Bar. The open part of the sockets must be facing up. Be aware the sockets slide freely, make sure they don't slide off the Bar End before attaching.
- B. Line up the three holes on the back of each Bar & Bar End then connect using M6 x 12 flathead screws, starting by hand first, then tightening with the 4mm Allen wrench.
  - Once assembled, the Bar Ends can be adjusted to rotate from the joints about +/- 15 degrees.



## Step 14

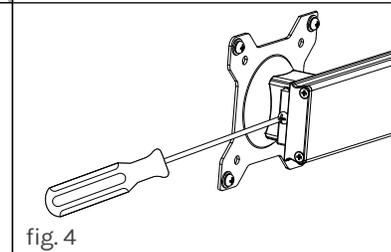
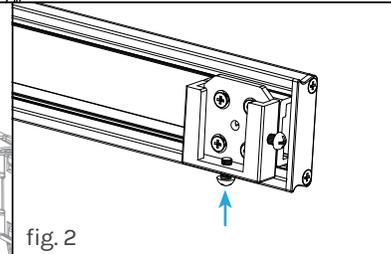
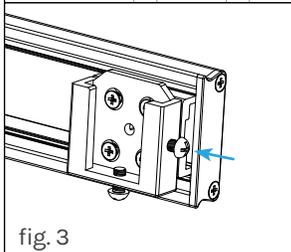
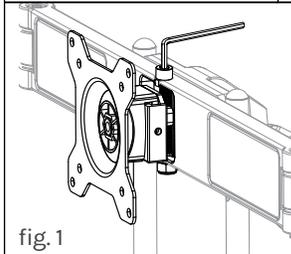
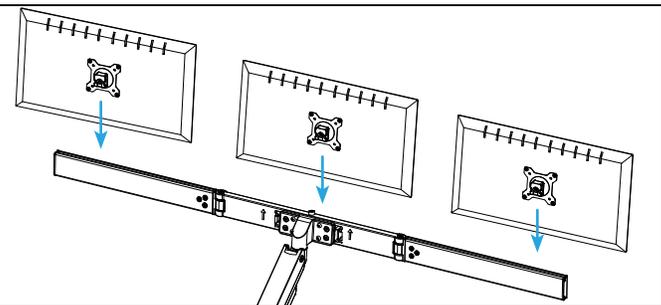
**Reminder:** Acceptable monitor weight range for the Crestview Triple Align Monitor Arm is 2.2 lb to 13.2 lb.

- Lay your monitor face down on a clean surface or a towel to prevent damage to your screen.
- Test the M4 x 12 and M5 x 12 Screws in your monitor's screw holes to determine which is the right size for your monitor.
- Line up the holes of the VESA Plate with the holes on your monitor. Make sure the VESA plate is in the orientation shown for proper attachment to the Bar.
- Attach the VESA Plate to the monitor using the selected screws with the M5 Washers.
- Repeat this step with the other monitors.



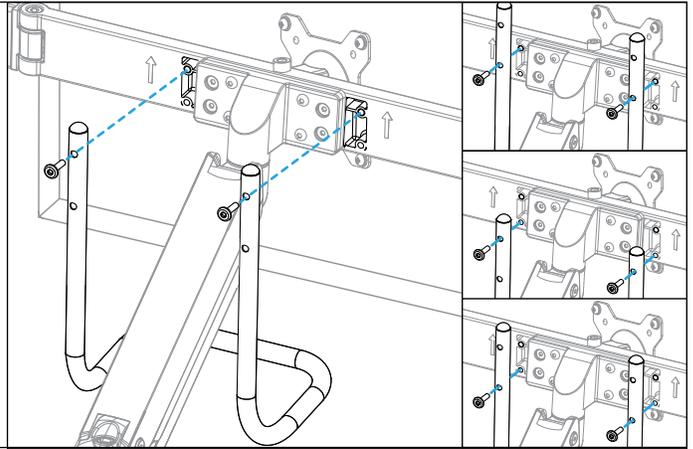
## Step 15

- The sockets slide freely along the Bar; we advise sliding the outer sockets to each end of the bar to allow more room when attaching the monitors. Insert each monitor's VESA attachment into the sockets on the Bar, starting with the middle monitor.
- For the center socket, use the 6mm Allen Wrench to adjust the height. Turn clockwise to raise the monitor and counterclockwise to lower it (fig. 1).
- For the outside sockets, turning the Screw on the bottom provides up to 5mm of height adjustment to help align the monitors. Turn the Screw either direction with a Phillips head screw driver to set the height. (fig. 2)
- Next, tighten the Screw on the side of each socket to lock the monitors in place. (fig. 3 & 4).
- Pull up slightly on each monitor to make sure each are locked securely in place.
- Once the monitors are locked in the sockets, slide them inward to position them as desired. We recommend they meet in the center of the bar.



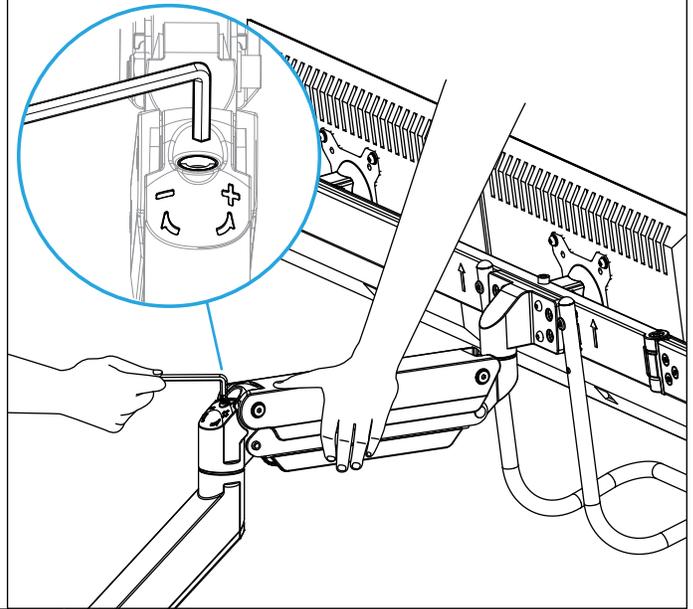
## Step 16

- A. Attach the Handle to the Bar, you have four options. Choose between the two sets of holes on the Handle and two sets of holes in the Bar to determine which combination is best for you and allows the bottom of the Handle to clear the bottom of your monitors.
- B. When installing the Handle, you may need to squeeze the ends together or pull them apart slightly in order to align the holes in the Handle with the holes in the Bar.
- C. Connect the Handle to the Bar using the two M6 x 22 screws and the 4mm Allen wrench.



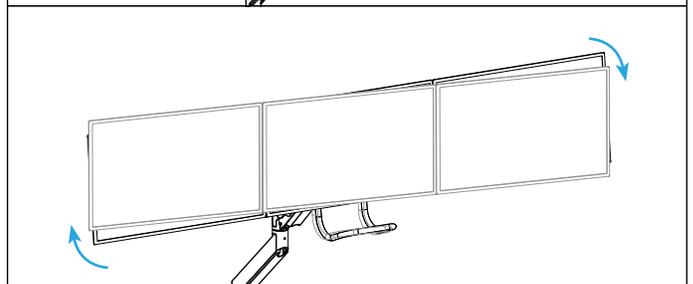
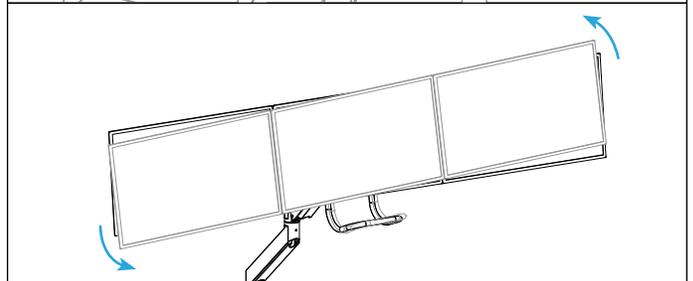
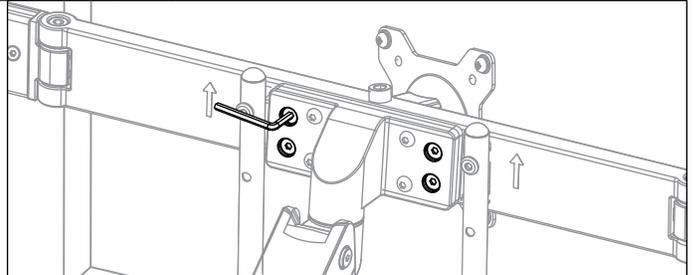
## Step 17

- A. Move the monitor assembly to any position and release it. If the monitor assembly does not drift up or down, the Arm is properly counterbalanced.
- B. If the monitor assembly does not remain where you positioned it, you will need to adjust the tension of the gas spring to properly support the weight of your monitor assembly.
  - If the monitor assembly drifts down when you let it go, hold the Arm in a horizontal position as shown and use the 6mm Allen Wrench to turn the adjustment screw toward the “+” until it remains in place when you let go.
  - If the monitor assembly drifts upward when you let go, turn the adjustment screw towards the “-” until it remains in place when you let go.



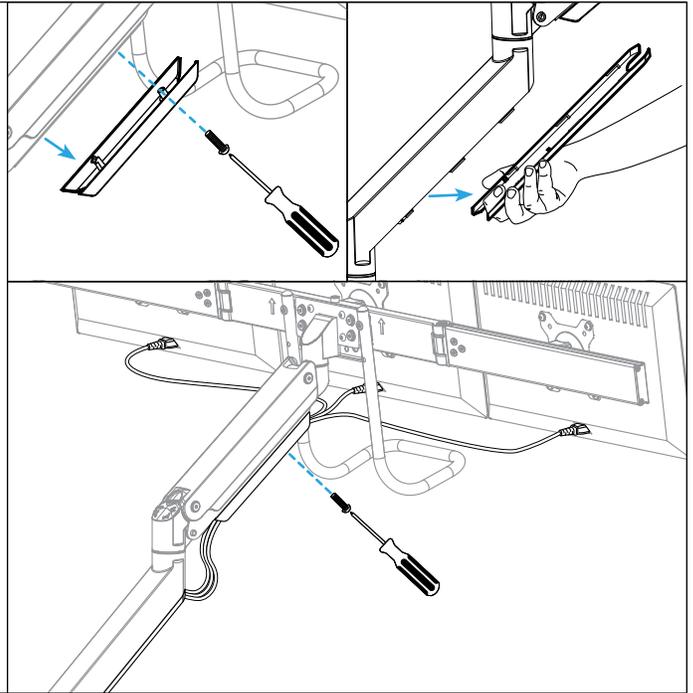
## Step 18

- A. To adjust the angle of the Bar, use the 4mm Allen wrench to slightly loosen the four screws shown on the back of the Bar attachment piece. **Do not remove these screws completely.**
- B. Once the four screws are loose, adjust the angle of the Bar and monitors until they are positioned how you like them and then re-tighten the four screws.
- C. The angle of the Bar can be adjusted up to 4 degrees in either direction.



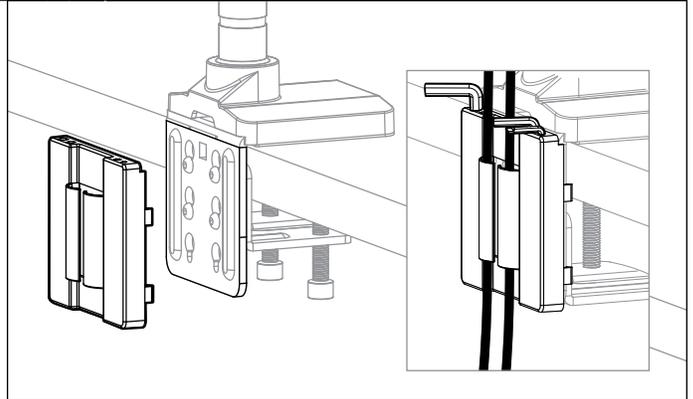
## Step 19

- A. To use the Arm's wire management, first remove the built-in wire covers.
- B. The Upper Wire Cover is located on the bottom side of the Arm and is held in place by a screw at the top end and a clip at the bottom end. Remove the screw with a Phillips head screwdriver and slide the cover slightly toward the Worksurface to disengage the clip and remove the cover.
- C. The Lower Wire Cover is located on the bottom side of the Lower Arm and is removed by hooking a finger through the bottom opening in the cover, then holding it firm while pulling it forward to unlock.
- D. Run your cables under the Arm where the wire covers were located and then replace the covers. Your cables should run through each end of both the Upper and Lower Wire Covers.
- E. Reinstall the screws to secure each Upper Wire Cover.



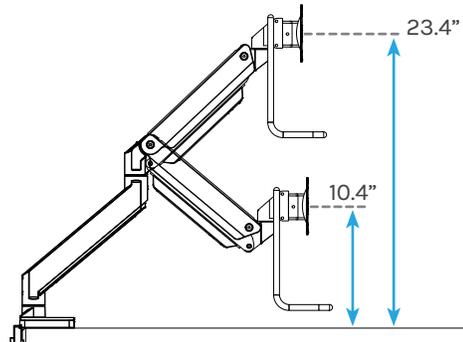
## Step 20

- A. If you have selected the Clamp Method, you can now snap the Wire Cover onto the back of the Upper Clamp as shown and insert your monitor cables through the two integrated clips.
- B. The Wire Cover adds 0.8" to the back of the Clamp assembly. If your desk is close to a wall or cubicle or has a privacy panel attached to the back of the desktop, there may not be enough space available to attach the Wire Cover.



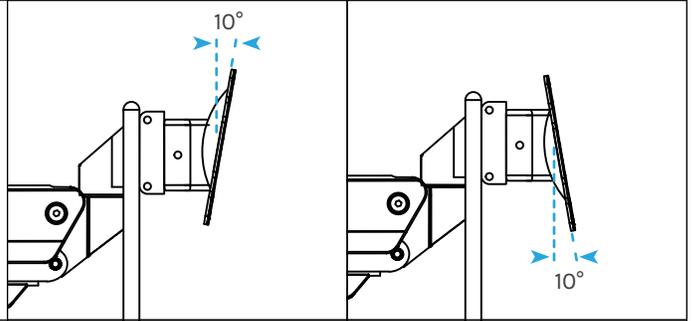
## Height Adjustment

The center of the VESA mount can go as high as 23.4" and as low as 10.4" from the desktop.



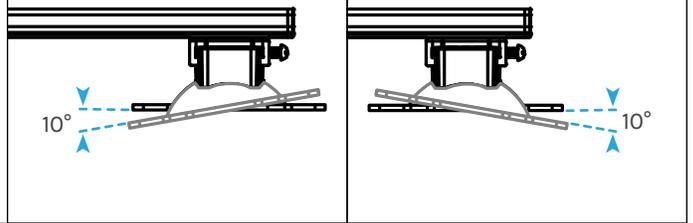
## Vertical Monitor Tilt

Each Monitor can tilt from it's VESA mount forward or backward in a range of 20° (+/-10°).



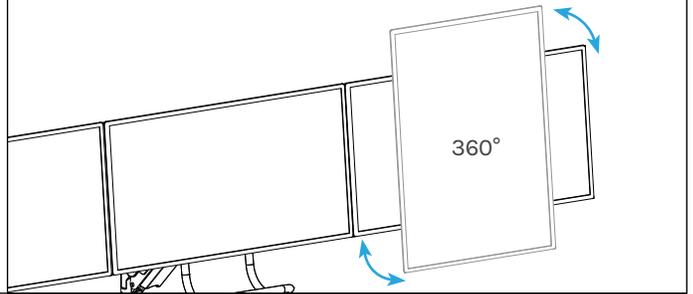
## Horizontal Monitor Tilt

The Monitor can tilt horizontally at the VESA mount right or left in a range of 20° (+/-10°).



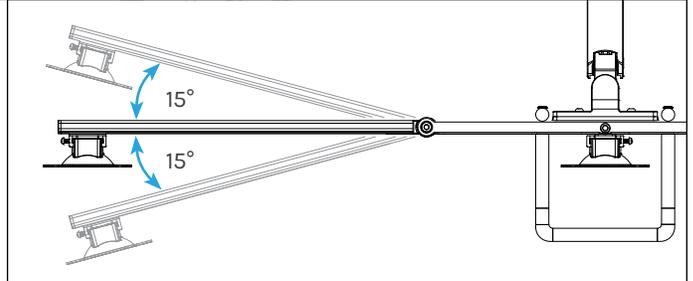
## Individual Monitor Rotation

Each monitor can rotate at each VESA mount a full 360°.



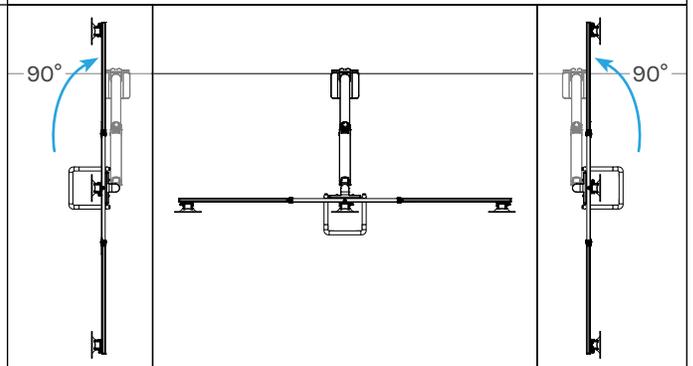
## Bar End Swivel

The Bar Ends can swivel 30° (+/-15°) at the hinge on either side of the monitor assembly.



## Monitor Assembly Swivel

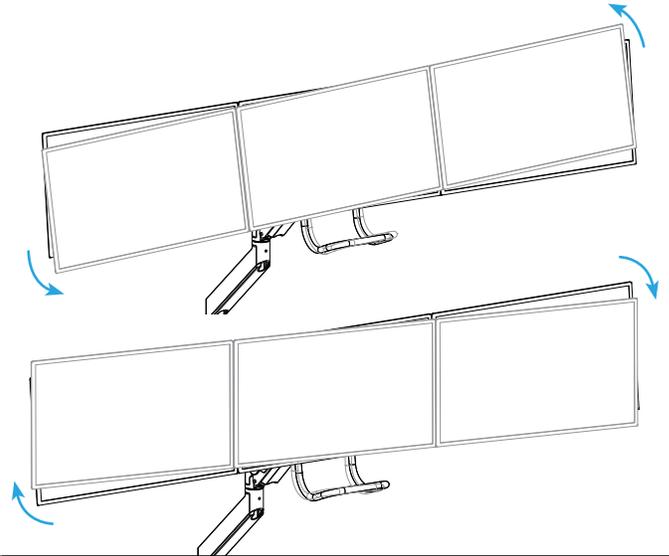
The monitor assembly can swivel 180° (+/-90°) at the hinge at the top of the Upper Arm.



## Monitor Assembly Rotation

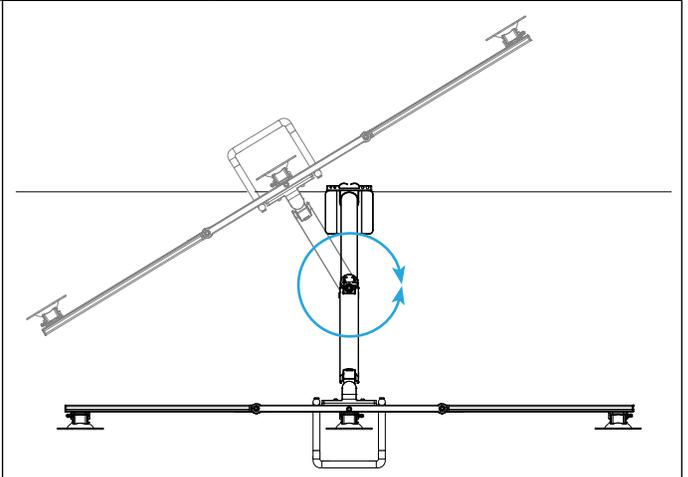
The Bar and monitor assembly can rotate clockwise 4° or counterclockwise 4°.

See page 6, step 18 for more details.



## Upper Arm Swivel

The Upper Arm can swivel a full 360°. However, we do not recommend swiveling the monitors past the back of the desk as this may cause instability.

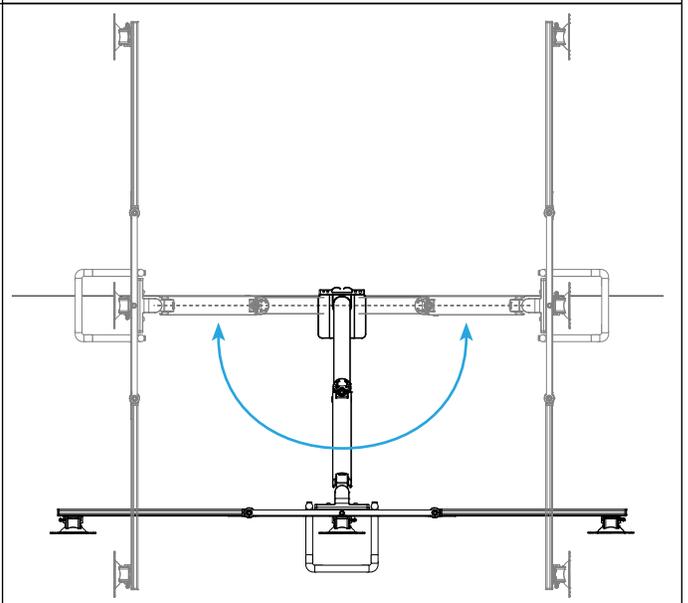


## Lower Arm Swivel

A. The Lower Arm can swivel a full 360° or can be set to allow only a range of 180° preventing it from rotating past the back edge of the desktop.

**Note:** We do not recommend rotating the monitors past the back edge of the desk as this may cause the base to become unstable.

B. See Step 10 in the “Arm Assembly & Monitor Mounting” section for adjustment details.



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