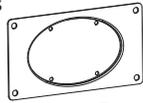


# VESA Mount Adapter Plate 200mm x 100mm

SKU: ACC082

UPLIFT DESK

## Package Contents



Adapter Plate



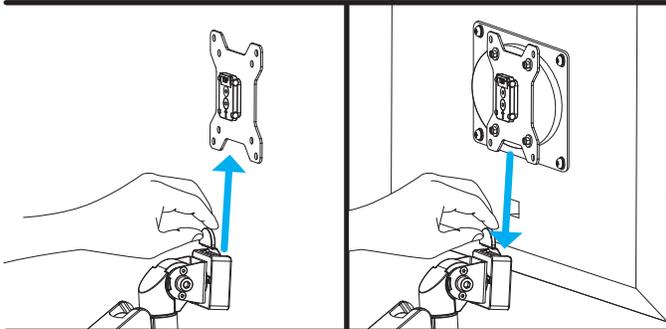
M4x12 screw (M-A)  
(qty 4)



M4 Nut (M-B)  
(qty 4)

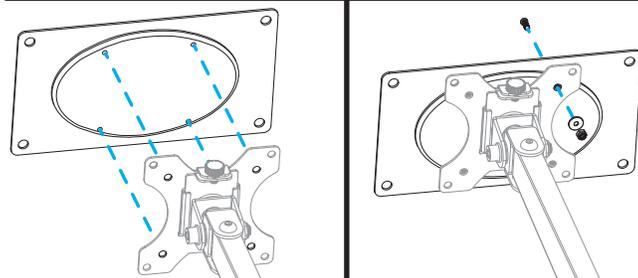


D5 Washer (M-C)  
(qty 8)



### Step 1

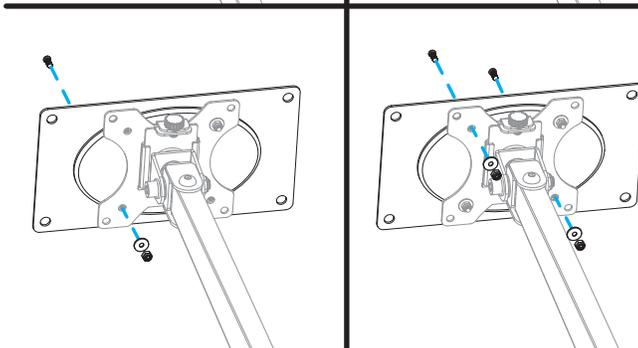
Check your monitor arm to see if the VESA mount is quick-release style. If so, you can make the job easier by removing the VESA mount, following steps 2 and 3, and sliding the VESA mount into place at the end.



### Step 2

Align the Adapter Plate with the 75mm holes on the monitor arm's VESA mount.

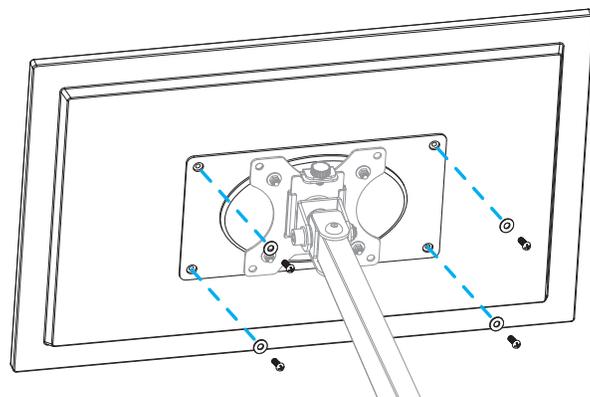
Insert a screw through one of the top holes, and secure it on the other side with a washer and a nut. Do not tighten all the way.



### Step 3

Insert a second screw, on the bottom and opposite hole from the first screw. Secure that with a washer and a nut, also not tightening all the way.

Repeat this with the remaining two holes. Once all four screws are installed with a washer and nut, tighten each using a Philips head screwdriver and a wrench.



### Step 4

If you do not have a quick release VESA mount, have a friend hold up the monitor to the Adapter plate, while you install the monitor. Use the screws that came with the monitor arm or monitor and the remaining four washers, not tightening each one all the way until all four are installed partially.

## ⚠ CAUTIONS & WARNINGS

**⚠ CAUTION:** Read all instructions before assembly. Failure to assemble or operate properly may result in damage or personal injury. Retain manual for future reference.

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