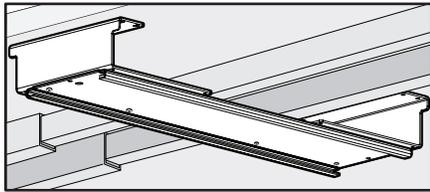
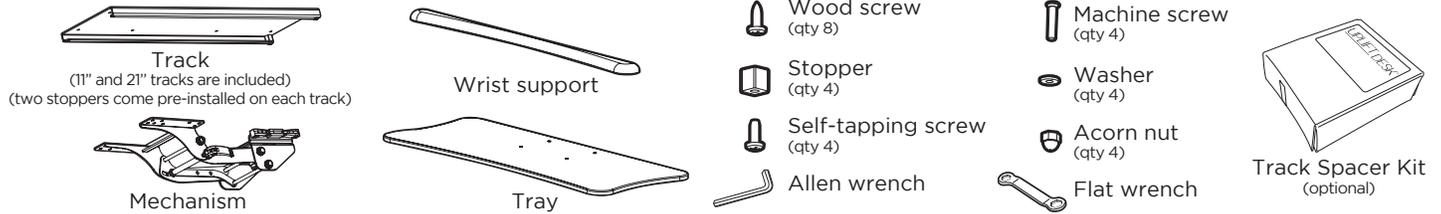


# UPLIFT DESK® E3 Keyboard Tray

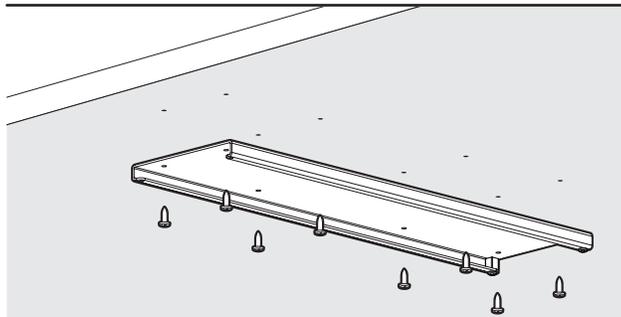
KBT001

**Package Contents:**



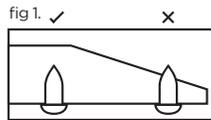
**\*A note before you begin:**

Determine where to mount the Keyboard tray. If you need to mount it over the Crossbars of your desk, open the box containing the Track Spacer Kit and follow the instructions inside.



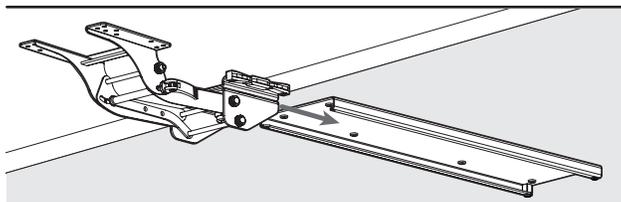
**Step 1**

Take the Track and place underneath your desktop, in order to figure out which size to use (11" or 21" Track) and where to place it. If there are pre-drilled holes in your desktop, line the track up with the holes. If there are not pre-drilled holes, drill your own pilot holes using 1/8" diameter drill bit and drill 1/2" deep. Be sure to leave about 1/2" from the front of the desk. Align the Track so the side with the plastic stoppers are at the back, and the open end pointed to the front of the desk. Use eight (8) Wood screws to attach the 21" track, and six (6) Wood screws to attach the 11" track to the desktop.



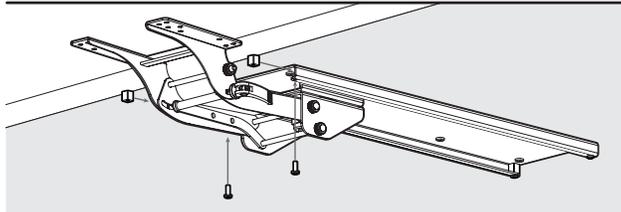
**Caution:**

When using screws on a desktop with a center-cut ergo edge, take care to ensure that the screw is not close to the ergo edge to avoid piercing the desktop with the screw. (see fig. 1)



**Step 2**

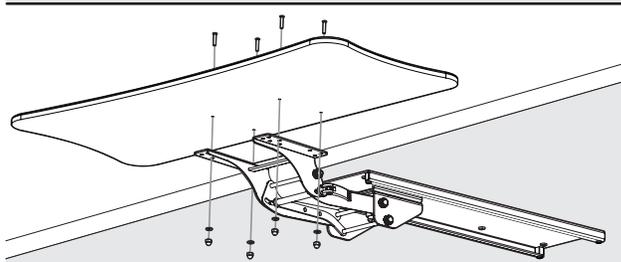
Slide the Mechanism into place on the Track.



**Step 3**

Insert two (2) Stoppers and two (2) Self-tapping screws into the front of the Track to keep the Mechanism from sliding out.

There will be two more Stoppers and Self-tapping screws left over, should you decide to use the other Track in the future.



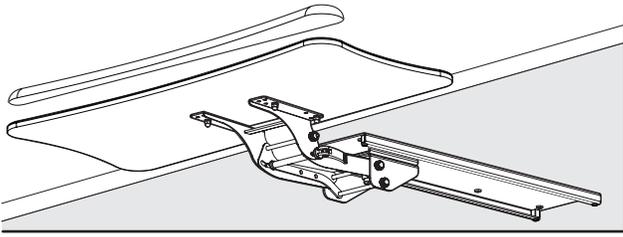
**Step 4**

Secure the Tray to the Mechanism using the four (4) Machine screws, the four (4) Washers, and the four (4) Acorn nuts.

Tighten the Acorn nuts: hold the screw still with a Philips head screwdriver, and tighten the accompanying Acorn nut with the Flat wrench.

# UPLIFT DESK<sup>®</sup> Standard Keyboard Tray

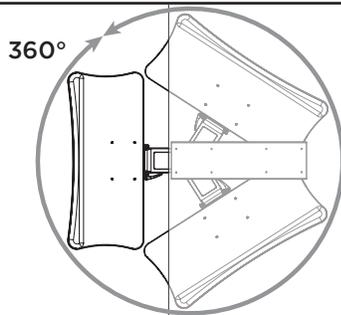
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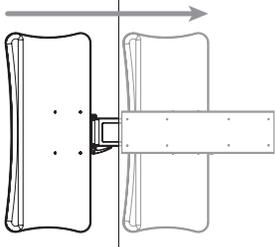
## Step 5

Finally, peel the adhesive strip off the Wrist support and apply it to the front of your Keyboard Tray, matching the curved edge of the Wrist support with the curved edge of the Keyboard Tray.

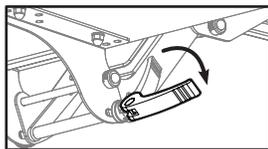
## Adjustment Guide



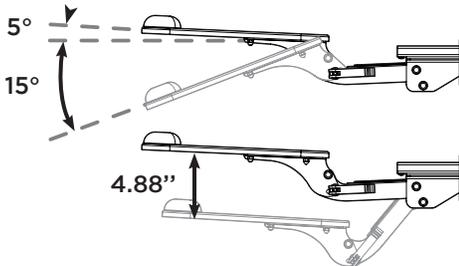
The Keyboard Tray rotates at the point where the Mechanism attaches to the Track. It can rotate 360 degrees.



With a 21" track, the Keyboard Tray can be stowed away and slides completely under your desk when not in use.



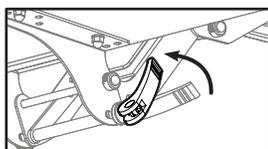
Holding onto the Tray with your left hand, unlock the lever on the mechanism just behind the Tray.



You can now make adjustments to the height and tilt.

Guiding the Tray with both hands, adjust the height up or down, and fine-tune the tilt to your liking.

To lock the Keyboard Tray into your desired position, hold the tray securely with your left hand and lock the lever with your right hand.



If the height and tilt mechanism ever gets loose, tighten it with the included Allen wrench.



**CAUTION:** Read all instructions before assembly. Failure to assemble properly may result in product damage or injury.