

UPLIFT DESK®

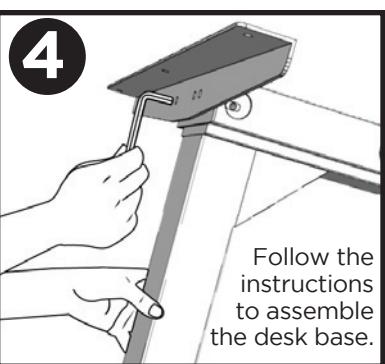
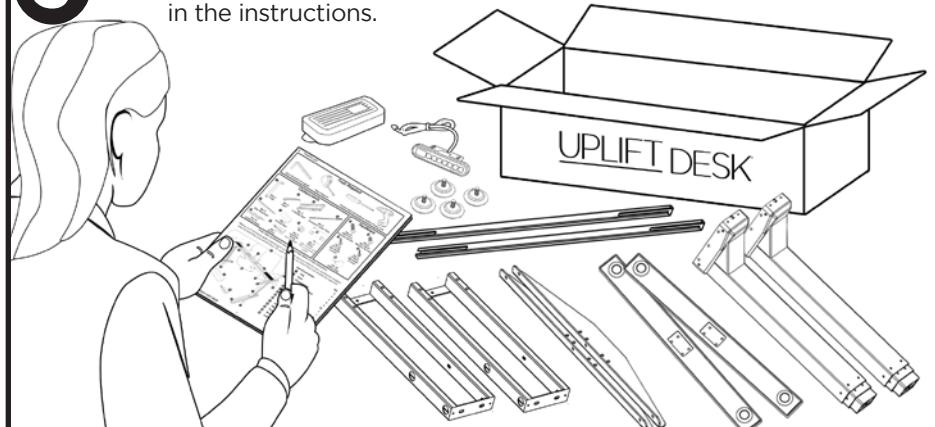
UPLIFT Desk Quick Start Guide

1 Watch how easy the UPLIFT Desk assembly process is by viewing the assembly video at this website: <http://bit.ly/19y2WWH> or by scanning this QR code.

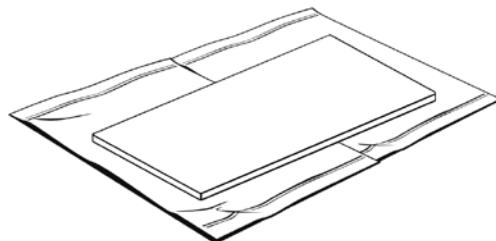


2 The UPLIFT Desk is customizable! Check the reverse side of this sheet for ideas on how to build the perfect desk for you!

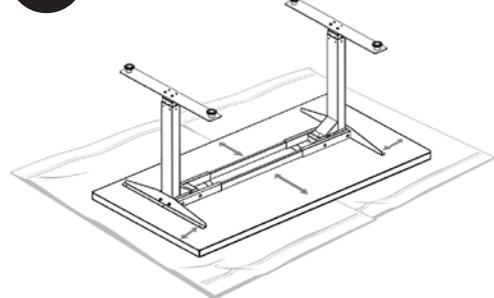
3 Make sure you have everything you'll need by unpacking the box and checking the contents against the parts list in the instructions.



5 Place desktop upside down (with the *top* side of the desktop *facing the floor*) on a towel, rug, or blanket to avoid being scratched.

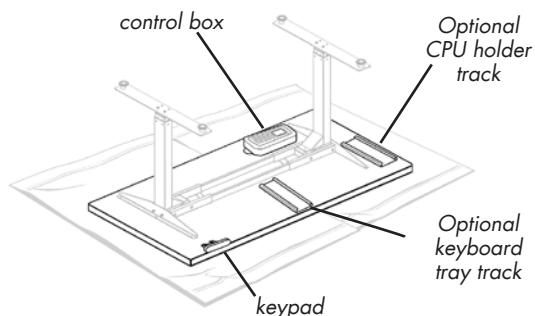


6 Place the desk base on the top and position it where you'd like it to go.

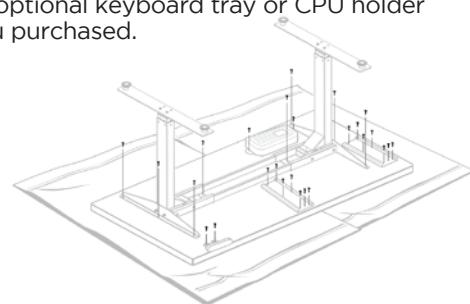


7 Place the control box and keypad on the desk. If you ordered a keyboard tray or CPU holder, place those tracks on the desk as well.

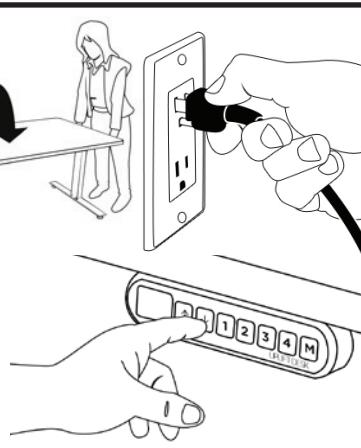
Note:
The Crossbar Center Rails are optional. They provide more stability, but if not needed they can be skipped during installation or removed later.



8 An electric screwdriver is recommended for this step. Insert the screws into the desktop. You're installing the desk base, control box, keypad, and any optional keyboard tray or CPU holder track you purchased.



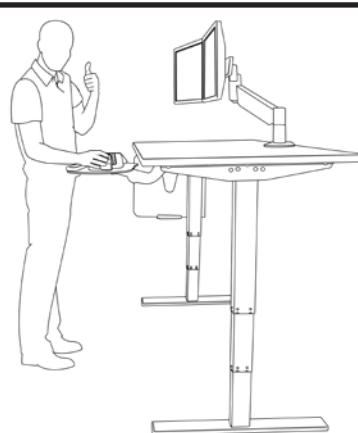
9 Turn the desk over, Plug it in, Then follow the reset procedure: Push & hold the down button for 30 seconds to reset the desk before use.



Add any other items you have for your desk, such as monitor arms.

Congratulations!

You have assembled your UPLIFT Desk, and it is ready for use!



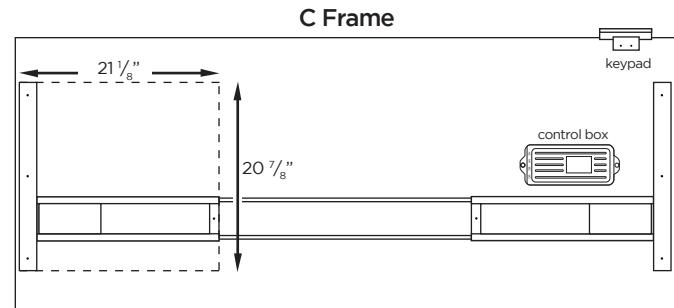
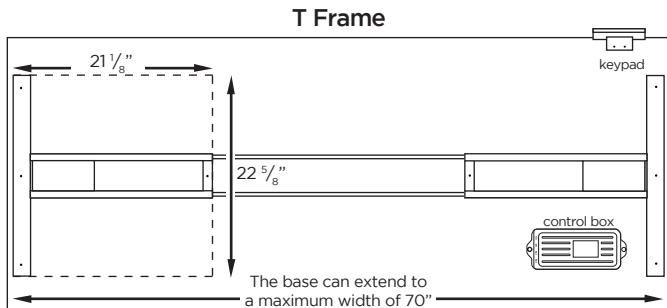
See reverse side for configuration options

The UPLIFT Desk gives you the freedom to set up the components like the keypad, control box, and any extra options like a keyboard tray or CPU holder, however you'd like! Before you start installing anything, take a moment to decide how you'd like your desk configured. Below are few suggestions to get you started. Consider how you will use your desk, and make this desk your own!

(all diagrams depict an UPLIFT base on a 72" x 30" desktop)

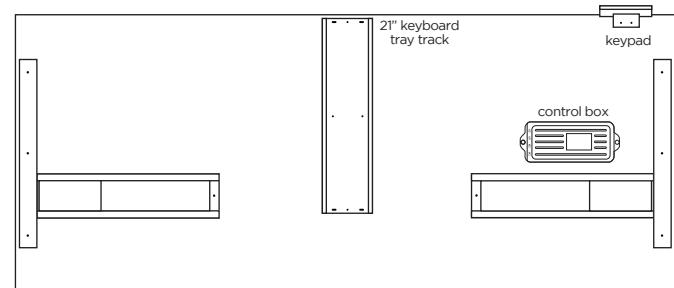
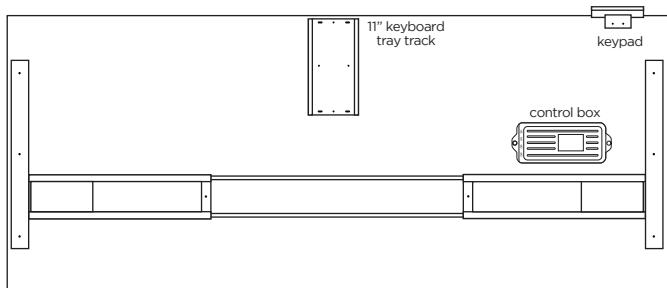
T-Frame and C-Frame

Note that the C-frame UPLIFT Desk offers more depth from the front of the desktop to the crossbar than the T-frame, allowing some extra room for mounting accessories like a CPU holder. Both C-frame and T-frame UPLIFT Desks can be assembled without the crossbar center rails, making room for a longer keyboard tray track.



Keyboard Tray

With the optional crossbar center rails installed, a shorter keyboard tray track is required. However, the crossbar center rails can be removed to mount a 21" track.

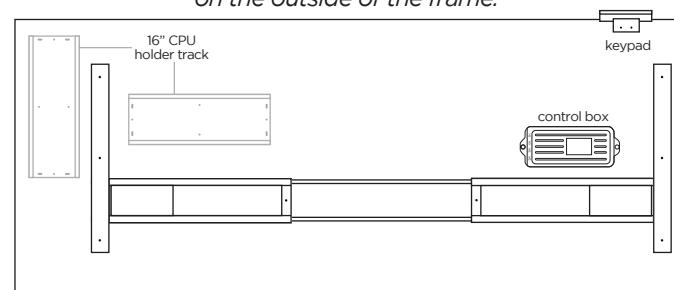
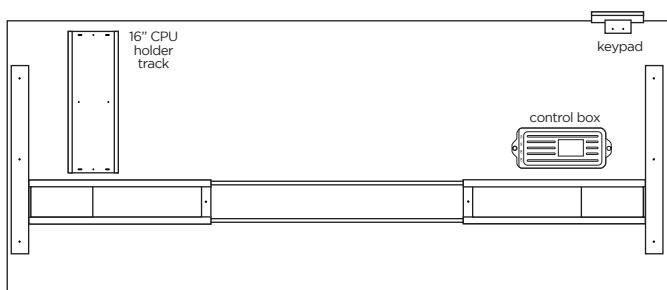


CPU Holder

When determining where to place your CPU Holder, account for the width and depth of your computer.

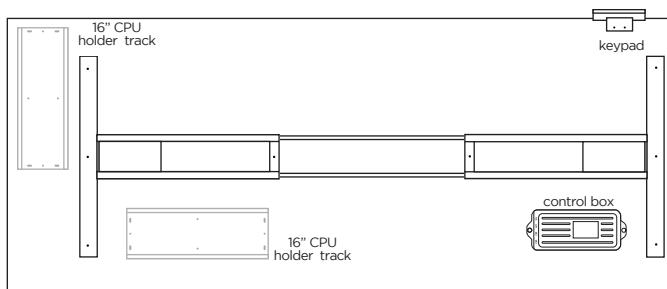
On a C-frame UPLIFT Desk, there is enough depth to mount a 16" CPU holder track perpendicular to the front of the desk.

You may also mount it parallel to the front of the desk or move one of the legs in, and mount the CPU holder on the outside of the frame.



Please note: on a 48" wide desktop, the CPU Holder will not fit on the outside of the legs, and is best mounted behind the crossbar with the track parallel to the back edge of the desktop.

On a T-frame UPLIFT Desk, the CPU holder track will NEED to be mounted perpendicular on the outside of the frame, OR parallel on the inside of the frame.



The keyboard tray track can also be mounted off-center. Offsetting the keyboard tray like this is especially useful if you're adding a treadmill.

